



NEWSLETTER



Established 1962

28 July 2014

Principal's Message

Welcome to Term 3, everyone, I hope you all had an enjoyable and happy school holiday break. The students have returned full of energy and keen to learn. We have an exciting term ahead full of special events to enjoy.

Education Week

This week is Education Week. Our dance groups and choir performed on Monday morning at Westfields in Mt Druitt. They did a great job. This week we have special Education Week activities happening on Wednesday 30th July including a 'Kids Matter' morning tea for parents in the CCR room at 11am, a special Education Week assembly at 11:30am and open classrooms from 12:30pm. Parents and family members are invited to share a picnic lunch with their child from 1:15pm. Lessons will resume, as normal, from 2pm so we would appreciate students not leaving school early on this day as they will miss important learning time, thank you.

Special Events This Term

Other special events this term include our Athletics Carnival, our Performing Arts Festival to be held at Doonside Technology High School in August, Book Week & the Book Fair, Swim School, the Blacktown Music Festival, our Smart Start and High School Transition programs as well as our stage 2 and 3 camps.

Kids Matter

Did you know that Marayong South Public School is a 'Kids Matter' school?

Kids Matter is an Australian mental health and wellbeing initiative set in primary schools and early childhood education and care services. It's unique because it brings together all the most important people in a child's life - especially families!

Research clearly shows that children who are mentally healthy are better able to meet life's challenges. They are also better learners and have stronger relationships. Good mental health in childhood lays the foundations for the future, and it is never too early for families to start supporting the mental health of children. KidsMatter Primary is a mental health and wellbeing framework for primary schools and is proven to make a positive difference to the lives of Australian children. KidsMatter Primary provides the proven methods, tools and support to help schools work with parents and carers, health services and the wider community, to nurture happy, balanced kids.

For more information about 'Kids Matter' please go to the link below:

<https://www.kidsmatter.edu.au/families>

Pokemon Cards

Pokemon cards are banned at Marayong South Public School. This is because these cards cause lots of problems at school. Students fight and disagree over them. They are often stolen, lost or damaged and this causes extreme distress and anxiety for the students involved. These cards are very valuable to our students and so it is best to keep them safely at home (as we do with all valuable items) where they won't cause any problems at all for anyone if something happens to them. I ask that all parents and carers ensure that Pokemon cards stay at home and do not come to school. Thank you for your support with matter.

Mathletics

Each student is assigned Mathletics homework each week to complete. We encourage students to attempt this work whenever possible. In class, students are acknowledged for achieving a Bronze Award and at each weekly assembly students are rewarded with a certificate for achieving a Silver award. Please contact your child's teacher if you have any questions or if you may have misplaced your child's log-on details.

Website: www.marayongs-p.school.nsw.edu.au

For more information about Athletics click on the following link: <http://www.mathletics.com.au/>

Parent Gardening Group

Are there any parents out there that would be interested in joining a parent gardening group? Ali Ziegler will be coordinating this on Fridays this term. The aim will be to clean up and beautify our school gardens. If there are any parents out there who would like to help, please leave your details at the school office and we'll pass them onto Ali. Ali has already done an outstanding job all on her own, imagine what could be achieved if she had some extra help! Even if you could spare half an hour on a Friday, we would greatly appreciate your time.

Safety and Supervision of Students

When students arrive at school from 8:30am, please ensure that they go directly to the COLA area where there is close teacher supervision. We have had increasing numbers of students and parents standing in the lining up area and the area outside the administration building. This presents a problem as it encourages other children to leave the supervised area and therefore puts them at risk.

The school car park is closed between 8am and 4pm for safety reasons. Please do not drive into the school car park during these hours as there are lots of students, preschool children and members of our school community walking within the school at this time and it is not safe to have moving vehicles within the school grounds.

Thank you for your cooperation which will keep all our children safe.

Athletics Carnival

We are looking forward to a fantastic athletics carnival on Thursday 7th August. We warmly welcome all parents to join us.

Mrs Mitchell has been working extremely hard with the organisation and planning of our carnival. Evaluations and feedback regarding our school sports events from 2012-2014 have all been very carefully considered to ensure we have the most enjoyable and successful carnival possible this year.

This year, we have included a parent code of conduct in the note that was sent home. This was included to ensure that all members of our school community (students, staff, parents and volunteers) have a wonderful, happy day.

We respectfully ask that any concerns or complaints about an event or incident or the running and organisation of our carnival be directed to Mrs Mitchell or the Principal 24 hours after the carnival has been completed. This is to ensure that matters can be addressed properly and at the appropriate time.

Please feel welcome to approach staff about any other matters on the day.

We thank all parents for your support, which we greatly appreciate and value. We look forward to seeing to seeing you all at Charlie Bali Reserve on 7th August.

*Warm regards,
Mrs Mandy Hollis
Principal*

LIMITED PLACES AVAILABLE FOR SCHOOL SWIMMING SCHEME FOR YEARS 2-6 STUDENTS



Swim School
Instruction will take place at
Emerton Leisure Centre,
Popondetta Road Emerton. This

year the Swimming Scheme is being conducted during Term 3. It runs for 10 days from Monday 25 August to Friday 5 September 2014 (Term 3 Weeks 7&8). This program is offered to students in Years 2-6 who are non-swimmers or weak swimmers. Students will leave by bus at 10.30pm and return by 1.00pm each day. The

total cost for the 10 day scheme is \$75.00, which includes transport by bus and pool entry. We ask that a deposit of \$10.00 is paid with the permission note. Parents may pay the balance in instalments at any time prior to the payment due date of Wednesday 20 August 2014.

Website: www.marayongs-p.school.nsw.edu.au

Briefing and debriefing sessions, led by teachers, take place before and after each session. Modules consist of 8 x 30 minute sessions, conducted weekly, once a year. The program at Marayong South will begin **Week 7 of Term 3, Tuesday afternoons**. Further information will be provided in the next newsletter.

Attention Year 6 Parents, your child will be trained as a peer leader, **Monday and Tuesday of week 6** (Year 6 students are required to attend school as normal on these 2 days in uniform). Students will participate in a variety of activities with Mrs Parsons and Miss Hemphill. The purpose of the Peer Leaders' Training is to prepare students for their role as Peer Support Leaders. For the 2 days, students will work through a range of experiential activities, take part in discussions and complete activities in their Peer Leader's Learning Guide.

During the training, students will participate in a range of activities focusing on:

- leadership skills
- relationships with others
- their role and responsibilities
- the structure of a peer support session
- understanding how groups work
- strategies to lead a group
- the facilitation of some activities.

This training is part of the school's plan and commitment to create a safe school. It provides students with the opportunity to develop and practise leadership skills within a supportive environment.

Benefits for Peer Leaders

Benefits for Peer Leader's include:

- building positive relationships across the school
- practising leadership skills
- increasing confidence in leading a group
- improving organisation and time management
- enhancing social and emotional learning
- developing skills to assist with transition to secondary school.

Students will have the opportunity to practise and further develop these skills during the course of the Peer Support Program. If you have any questions in regards to your child being a Peer Support Leader please see Mrs Parsons. We look forward to a productive and enjoyable 2 days.

Mrs Parsons
Assistant Principal

Mathletics at Marayong South Public School

Students at Marayong South are part of the Mathletics online learning community. Mathletics is the world's leading online numeracy resource, helping students to love learning and achieve greater results through engaging content that perfectly matches their school curriculum. As students play Mathletics they earn awards the more they play. When students have earned 1000 points in 1 week, they are awarded with a Bronze award. Once students have earned 5 Bronze awards they are given a Silver award. At Marayong South, teachers and students are tracking their awards. Students will be presented with their Silver awards at their stage assemblies. Once students have reached 4 Silver awards they will be awarded with a Gold award, the highest achievement in Mathletics. We encourage students to earn their points by completing tasks and using the Live Mathletics function.

Mathematics Committee
Mrs Parsons
Mathematics Coordinator

What's Coming Up...

July

- Mon 28 Newsletter home Canteen closed Mondays
Westfield Mt Druitt performances
- Tues 29 ICAS English
CAPA afternoons
- Wed 30 **EDUCATION WEEK OPEN DAY**
- 11 - 11:30am - Kids Matter Morning Tea for Parents in the CCR room - this is an opportunity for parents to come along and enjoy a morning tea, we will be

providing information about the Kids Matter Program.

- 11:30am - Special Education Week Whole School Assembly, Choir and Dance Groups will be performing, Kids Matter Presentation included in this assembly.
- 12:15pm - Students return to classrooms
- 12:30pm - Open Classrooms, Parents can visit classrooms and see learning in action
- 1:15pm - Picnic Lunch in the school playgrounds, parents can bring a picnic lunch to share with their child/children (special Meal Deal from the canteen can be ordered in advance, see order form.
- 2pm - Classes and learning resumes as normal
- Thurs 31 Dental checks S2/3

August

- Fri 1 PSSA
Public Education Concert
Permission notes due back for Athletics Carnival
- Mon 4 Canteen closed Mondays
- Tues 5 CAPA afternoons
- Wed 6 K-2 Assembly 11.30am
host 1/2G. Yrs3-6 Assembly at 12.15pm host 5/6N
- Thurs 7 Athletics Carnival
- Fri 8 PSSA
What's On home Weeks 3/4
- Mon 11 Canteen closed Mondays
- Tues 12 CAPA afternoons
- Wed 13 K-2 Assembly 11.30am
host KF. Yrs3-6 Assembly at 12.15pm host 5/6H
Choir Rehearsal
- Thurs 14 Athletics back up date
FREE PLAY
- Fri 15 PSSA
- Mon 18 Canteen closed Mondays
BOOK FAIR WEEK
- Tues 19 CAPA afternoons
- Wed No Assemblies
Book Week Parade
- Thurs 21 PAF Concert at DTHS
- Fri 22 PSSA & What's on home Weeks 5/6

**ENROL NOW FOR
KINDERGARTEN 2015
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KINDERGARTEN 2015**

If you know of any friends or neighbours that have a child turning 5 before the 31 July 2015



please ask at the administration office for an enrolment form.

Important information:

Smart Start: This program aims to help your child become familiar with the school environment and routines, and to develop their pre-skills in literacy and numeracy. Smart Start will run each Thursday from **9.15am to 10.45am**, commencing in Term 3 - 28th August to 27th November. The program will run for a total of 12 weeks and finish late in Term 4. There is a limited waiting list of 25-30 children. See leaflet attached.

Teddy Bear's Picnic:

Thursday 18th September

Kindergarten Interviews will be conducted during October in Term 4, dates to be advised. Special appointments will be made for those parents who cannot attend at the appointed time. Letters will be sent late in Term 3. Interviews are very informal and a great opportunity for us to meet both the parent and child.

Kindergarten Orientation:

Thursday 6 November

Thursday 13 November

Thursday 20 November

Parent Information Night:

Date to be advised

Our New Positive Reward System for the Playground

'Endeavours' are our new, special 'on the spot' awards (cards) that will be handed out to students in the playground who are noticed 'doing the right thing', for eg: being a good friend and playing safely. The student's name and class will be written on the card. Students will place their 'Endeavours' in a box located in their classroom at the end of play time.

On Wednesdays, the 'Endeavours' will be collected from each classroom for a raffle to be drawn during assemblies. There will be one winner chosen each week from K-2 and from 3-6. The lucky winner will be invited to choose a prize for their appropriate behaviour in the playground.

Once a term, all Endeavours will be placed in a mega-draw. Five winners will be chosen from K-2 and five winners will be chosen from 3-6. These winners will have a special morning tea with Mrs Hollis in her office.

We are looking forward to rewarding the beautiful behaviour of our students.

PBL Team

***Congratulations to the following students who represented MSPS at the Zone Swimming Carnival on 6 March 2014:**

Tayla Atkins, Angelina Bassine, Kayleb Begnell, Clayton Bonello, Hannah Branson, Mariah Camilleri, Ariki Clapham, Zach Hornby, Aidan Humphrey, Nicholas Morgan, Zoe Pedrosa, Samuel Salazar-Vasquez, Boston Stewart, Andrew Williams and Henry Branson.

***Congratulations to the following students who represented MSPS at the Blacktown Zone PSSA Cross Country on 28 May 2014:**

Henry Branson, Daan Coolen, Lachlan Thompson, Joshua Power, Teagon Garland, Maia Stewart, Alyssa Arcilla, Ashley Rotgans, Kayleb Begnell, Taylor Martin, Jeremy Bassine, Anav Prasad, Mariah Bulivoi, Angelina Bassine, Andrea Arcilla, Mariah Camilleri, Kaleb Seckold, Samuel Salazar-Vasquez, Hayden Hamblin, Alex Sutrina, Taylor Atkins, Lily Pasnin, Siddhika Garg, Sarneet Kalsi, Nicholas Morgan, Zach Hornby, Armaan Dosanjh, Abyas Mahmud, Hannah Branson, Jessica Hilton, Hushiti Raikar and Ladell Garland.

***Congratulations to the following students who represented the Zone at the Regional Cross Country on 11 June 2014:**

Mariah Bulivou, Henry Branson, Hannah Branson, Nicholas Morgan and Jessica Hilton.

***Congratulations to Tayla Atkins who represented the Zone at the Regional Swimming Carnival on 18 March 2014.**

**Marayong South PS
Peer Support Program
Term 3 and Term 4 2014**

Leadership definition

"An effective leader is able to influence others to achieve a goal."
Peer Support Australia 2012.

Why teach Leadership?

Every young person has the potential to become a good leader, though this potential needs to be developed. Engaging in the process of leadership training has both immediate and long term benefits for the school community. In the short term, students who learn and practise the skills of leadership have an opportunity to positively impact on the culture of the school community.

In the long term, school communities are acknowledging the role of students in providing leadership training and providing experiences to ensure the development of leaders for the future. Peer Leaders can and do take action in response to some of the issues in schools including bullying and conflict. Students demonstrate their ability to influence peer attitudes and behaviours and contribute to positive change.

What is the Peer Support Program?

The Peer Support Program provides a fun and engaging environment for young people to address social issues. Modules are designed to equip young people with skills to deal proactively with life experiences. The Peer Support Program promotes wellbeing, which encourages positive relationships, connectedness and a sense of responsibility.

How does the Peer Support Program work?

Trained Year 6 Peer Leaders, supervised by a teacher, facilitate structured activities with multi aged groups (Kindergarten-Yr 6 students).

Children and bullying

Everyone has a right to feel safe
 Ginny, aged 12 years, did not want to go to school. She felt sick in the stomach. Ginny's Dad thought she was afraid of going to school, but Dad did not know what had been happening. Created and her group had been spread the rumour about Ginny. Ginny had never been leading at her and was starting to affect when she walked past. Now no one wanted her to sit at the same table with them in class. Even if she tried to get friendly towards them, they were so mean to her. One of them said when she was on her school bag. Ginny's older sister said to speak to her, but she didn't seem to work. They just got meaner and tried harder to upset her.
 Ginny did not know what to do. She wanted that if she told her teacher or her parents it would make things even worse.

What is bullying?

Bullying is a form of abuse that involves a person or a group of people using power to hurt or harm another person. It can be physical, verbal, or psychological. Bullying can take the form of teasing, name calling, or spreading rumours. It can also involve physical acts like hitting or pushing. Cyberbullying involves using mobile phones and the internet to bully someone. Bullying is a serious health concern because it can cause stress and anxiety. It can also lead to depression, self-harm, and even suicide. If you are being bullied, it is important to tell someone you trust about it. There are many ways to stop bullying, and you can help to make your school a safer place for everyone.

Responding to bullying

It is very important that children know the bullying is not their fault. Schools set standards for acceptable behaviour and safety. There are many ways to respond to bullying. The consequences for bullying include detentions and loss of privileges. It is important to tell someone you trust about it. There are many ways to stop bullying, and you can help to make your school a safer place for everyone.



How parents and carers can help

- If your child is being bullied, it is important that you know what is happening. Talk to your child about what is happening and how they are feeling.
- If your child is bullying someone else, it is important that you know what is happening. Talk to your child about what is happening and how they are feeling.
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- If your child is bullying someone else, it is important that you know what is happening. Talk to your child about what is happening and how they are feeling.

This resource is part of a range of educational Primary information sheets for families and school staff. Visit them all online at www.matterschools.au

Australian Government
 Department of Education and Training

APPS
 Australian Primary Schools
 Mental Health Network



Kings Langley

EAGLES JUNIOR BASEBALL CLUB

Registration Days

Sunday 3rd August and 10th August

9:30am-11:30am U/8, U/9 and U/10
 11:30am-1:30pm U/12, U/14 and U/17

TRYBALL for new players 4-6years from 10-11am each day
Ashley Brown Reserve, Kennedy Pde, Lalor Park

BOYS & GIRLS ~ 5 to 16 year old
 Seniors 17 & over can also register on the day

Pay in full on the day and save \$15 on rego fees!

WEB: kingslangleybaseballclub.com.au

FACEBOOK: [KLEagleJuniorBaseballClub](https://www.facebook.com/KLEagleJuniorBaseballClub)

Come to our

BOOK FAIR

Catch the reading bug!

Connect to reading!

Date Week 6 Aug 18
 Time 8-30am-9am lunch
 Place MSPS Library

The Premier's Reading Challenge is coming to an end!

Please ensure all handwritten booklist are given to Mrs Whitford or Mrs Garay by the end of week 4 - 8/8/2014.



Nutrition Snippet

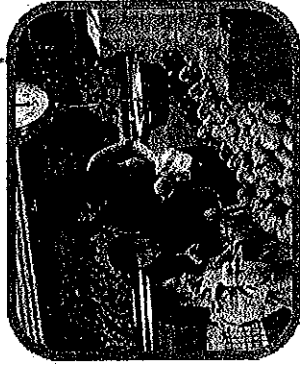
The simplest way

to make shopping fun

Grocery shopping is an important time for kids to learn about storage, selection and preparation of fruit and veg.

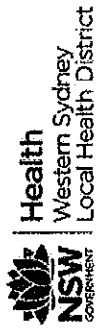
Try these games next shopping trip to challenge your kids' fruit & veg knowledge:

1. **Play fruit & veg 'I spy'** - name a colour and get your kids to find all the fruit and veg they can in that colour.
 2. **Fruit or veg of the week** - let your kids select a new fruit or veg to try for that week. Brainstorm together what meals you could create with this new ingredient.
 3. **If you're stuck for variety** - set your kids a challenge to pick a furry fruit, an odd coloured veggie or a veggie that grows in the ground.
- Try different ways of approaching fruit and veg: you'll be surprised at the difference it makes to your child's eating habits.

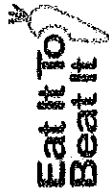


For more information visit www.eatittobeatit.com.au or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.



Health
Western Sydney
Local Health District



MARAYONG SOUTH WANDERERS MORNING MELODIES

Wednesday 3rd September 2014

Come and visit the Laycock Theatre at North Gosford. For Morning Tea, and see a fantastic show, STEPHEN FISHER KING is one of Australia's leading, and most-awarded live entertainers. Stephen performed principal roles in many Operas before branching into musical theatre. As well as being renown for his own show Stephen has performed lead roles in many major musical theatre productions, including Hello Dolly, Evita, Cats and The Music of Andrew Lloyd Webber alongside Sarah Brightman. Aclassically-trained baritone, Stephen takes as much delight in performing musical theatre as he does delivering Opera's most amazing arias.

Lunch at Erina Leagues Club (own expense) Then a visit to Fragrant Gardens and Distilly Bus Leaves 8am

COST \$53.00 Names with Deposit, Balance by 3-8-2014 So I can pay for tickerts

Pick Up: Lyton Street cnr Arthur Ave, Blacktown.

Blacktown Railway Station north side near lift.

For any further enquiries please phone Melva on 9621 5507

~Friends and neighbours most welcome~

MARAYONG SOUTH WANDERERS MYSTERY DAY

Saturday 13th September 2014

Come and be a part of another day out. The day always has surprises for you to look at and enjoy this is always a popular day's outing.

You never know it could be up the coast or down the coast, or even out west so Do come along. Morning Tea, Tour, Entry and Lunch is included.

COST - \$68.00 Names with a deposit, Balance NO LATER THAN 1-8-14

Bus Leaves 8.00am

Pick Up: Lyton Street cnr Arthur Ave, Blacktown

Blacktown Railway Station north side near lift

For any further enquiries please phone Melva on 9621 5507

~Friends and neighbours most welcome~

